



# TOWN OF COLCHESTER

*Commission on Aging*  
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*Where Tradition Meets Tomorrow*

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*Nancy A. Bray*

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TOWN CLERK

## Colchester Commission on Aging Meeting Minutes

Monday, September 8, 2014 - Colchester Senior Center

**Members Present:** Chair Gary Siddell, Jean Stawicki, Rose Levine, Rob Gustafson, Goldie Liverant, Joe Menhart, Susan Choma

**Members Absent:** None

**Others Present:** Patty Watts, Mary Tomasi, Art Shilosky

- 1. Call Meeting to Order:** Chair G. Siddell called the meeting to order at 8:30 a.m.
- 2. Possible Seating of Alternate:** G. Siddell seated S. Choma as a voting member in lieu of the vacancy on the committee.
- 3. Minutes:** R. Gustafson motioned to accept the August 11, 2014 meeting minutes. G. Liverant seconded. All members present voted in favor. S. Choma abstained. MOTION CARRIED.
- 4. Financial Report:** P. Watts reported that there was a donation received of \$100 from Cathy Russi. There was an error in the July transportation reporting. July daily transportation collection was \$163 and out of town trips collection was \$195 for a monthly total of \$358. August daily transportation collected \$156 and out of town trips collected \$125 for a monthly total of \$281, bringing the YTD total to \$639.
- 5. Chairman's Report:** G. Siddell reported that the Policy and Procedure sub-committee will meet tomorrow morning, September 9<sup>th</sup>. He has been working with the technology department to update the Commission webpage with member information correctly. The Board of Selectmen looked at the proposed change to the Town Ordinance for the Commission. They had a few questions which Gary answered. They are awaiting the proposed bylaw revisions so they can act on both together.
- 6. Senior Center Director's Report:** P. Watts reported that the Policy and Procedure sub-committee will discuss membership and eligibility at their first meeting. She is attending training to get certified in Medicare counseling. There was a great article in the RiverEast about the golf tournament. She is working with IT to purchase 3 new computers for the computer lab with the proceeds. She will do another press release with the tournament organizer, Luke, when the computers are received. The Eagle Scout project is still a work in progress. The units need to be sanded and painted and have doors installed. The AARP meeting was well attended with 32 people. John Chaponis, the Tax Collector gave a presentation on tax deferral. September is National Senior Center Month. The theme is "Senior Centers: Experts at Living Well!". Each week will have a different focus; Discover, Play, Create and Challenge. Each week will offer 4 opportunities to engage in these activities with a drawing held at the end of the month. Upcoming events: Zen-tangle on 9/18, Mind, Body, Spirit presentation on 9/22 and National Senior Center Month Finale Party on 9/30. The center will close at 4 pm on Wednesday 9/10 as there will be no staff coverage.

July statistics previously unreported: 1,145 transports, 142 Community Café meals served and 412 Meals-on-Wheels delivered. August Statistics: Attendance: 1,225 over 21 days of operation with

1,130 Transports. 60 Bistro and special meals served, 113 Community Café meals served and 444 Meals-on-Wheels delivered. 20 new members registered in August for a YTD total of 84 new members.

- 7. Status Update on Commission on Aging Changes to Town Ordinance:** The group discussed changes to bylaws. G. Siddell will prepare revisions for next month with the goal of moving a recommendation forward to the Board of Selectmen.
- 8. Status Update on Senior Resource Guide:** G. Siddell will put order in to print 350 copies.
- 9. Status Update on Policy and Procedures:** Discussed in previous items.
- 10. Old Business:** P. Watts reported that she discussed transportation with S. Soby and they determined that the town can provide medical transportation from skilled nursing facilities provided that the client bring someone to handle their medical needs so that responsibility does not fall on the drivers. G. Siddell reminded members of the member and alternate vacancies on the Commission.
- 11. New Business:** G. Siddell noted that he was pleased that the Commission co-sponsored the Elder Law event and would like to do more in the future. The group discussed other ideas.  
G. Liverant left the meeting.  
Gary also suggested holding a raffle as a fundraiser. He is able to get some donated prizes. They would need to get a permit for a raffle.  
J. Menhart left the meeting.  
P. Watts added that Rite-Aid will be holding a series of flu shot clinics at the senior center.
- 12. Citizen's Comments:** No items were reported.
- 13. Adjournment:** J. Stawicki motioned to adjourn the meeting at 9:47 a.m. R. Levine seconded the motion. All members present voted in favor. MOTION CARRIED.

Respectfully submitted,

  
Michelle Komoroski